



2020 Fall Competition Plan – Summary Sheet

<p><u>Spectators</u></p> <p>Admission to any OHC event will be limited by the capacity of the indoor or outdoor facility with a maximum limit of the lesser of 1500 (outdoor events) or 300 (indoor events) or 15% of fixed, seated capacity.</p> <p>General admission (eg, lawns, standing room, in-fields) is allowable only to the extent six feet of distance between groups of patrons can be clearly marked and strictly maintained.</p> <p>Spectators must wear a mask at all times when attending an OHC event. Masks are mandatory at indoor and outdoor events (unless seated and actively eating or drinking).</p> <p>The primary purpose of permitting Sports spectators is to allow and encourage the family and household members and loved ones of players, coaches, team staff members, officials and other event participants (band, cheerleaders, etc.) to observe and share in the experience.</p> <p>Seating must be assigned in groups of no more than four people who know one another, but members of the same household may be seated together even if there are more than four people.</p> <p>Each seating group must be separated from the next group by at least six feet in each direction.</p> <p>Spectators must conduct daily symptom checks and anyone experiencing symptoms must stay home.</p>	<p><u>Student-Athlete & Adult Screening, Travel, Locker Rooms and Benches</u></p> <p>Each individual student-athlete and staff member must receive a pre-travel symptom and temperature check immediately prior to departure for visitors and at some point pre-game for hosts.</p> <p>Mask/face coverings are to be worn by players, coaches, volunteers and athletic trainers when travelling to and from buses and while on the bus to an away contest. Mask/face coverings are to be worn when entering host facilities and on the field/court of play during any pre-warm up walkthrough which does not require increased demand on the student-athletes' cardiorespiratory system. Mask/face coverings are to be worn in the locker room.</p> <p>Locker rooms will continue to be used by both host and visiting schools. Locker rooms will be sanitized before and after use.</p> <p>Mask/face coverings are to be worn by student-athletes while on the sidelines/benches and not actively engaged in competition – and six feet social distancing should be observed when possible.</p> <p>The host school will furnish each sideline/bench with adequate hand sanitizing stations.</p> <p>Teams should not share water bottles. Bench water should be provided by the host site, but the traveling team should supply its own coolers and water bottles unless agreed upon by the host school.</p>
<p><u>Ticketing</u></p> <p>For the fall 2020 season, the OHC has adopted a flat ticketing price policy. Entrance to all varsity contests will be \$7 per person. Entrance to all middle school contests and any contest that is a freshman or JV only contest will be \$5 per person.</p>	<p><u>Concessions</u></p> <p>Schools should consider selling only unopened, pre-packaged food and drink items.</p> <p>Food concessions operations must adhere to Ohio's guidance for Restaurants, Bars, Banquet & Catering Facilities/Services available at coronavirus.ohio.gov.</p> <p>Concession workers must wear masks in accordance with state mandates.</p> <p>Individuals in line for concessions are to practice social distancing. Host sites should provide clear and visible ground or floor markings to designate line configuration and physical distancing requirements for individuals waiting for concessions.</p>
<p><u>Arrival Times</u></p> <p>Visiting teams are to arrive at venues no earlier than 45 minutes before the scheduled start of the contest and no sooner than 5:30pm for Varsity Football contests.</p>	

Suspected and Confirmed Cases

Immediately isolate, and seek medical care for, any individual who becomes ill or develops symptoms. Contact the local health department about suspected COVID-19 cases or exposure.

The affected person should seek COVID-19 testing as soon as possible. Teams, schools, and clubs should work with parents to ensure they have access to testing through their healthcare providers or direct them to testing options. Coaches/administrators must work with the local health department to identify individuals who were potentially exposed to help facilitate contact tracing. This includes, but is not limited to, athletes, coaches, officials, volunteers, parents and other support personnel.

A team, school, or club must notify all athletes and parents/ guardians associated with the affected team regarding a positive test. Athletes and families must be reminded of proper daily health screening protocols. If the affected individual participated in competitive play, the team is responsible for notifying any opponents played between the date of the positive test and 2 days prior to the onset of symptoms. If the teams, schools, or clubs reside in different counties, the health departments in each county should be notified to help facilitate effective contact tracing.

An individual who tests positive for COVID-19, whether symptomatic or asymptomatic, must not return to sport activities until (1) Meeting the CDC requirements for ending self-isolation using either a symptom-based or test-based strategy** and (2) A documented medical exam is performed clearing the individual to return to play. The documented medical exam must specifically include an assessment of the cardiac/heart risk of high-intensity exercise due to the potential of myocarditis occurring in COVID-19 patients. More information on this issue can be found at <https://www.acc.org/latest-in-cardiology/articles/2020/07/13/13/37/returning-to-play-after-coronavirus-infection>.

Players, coaches, officials or other individuals who had close contact (within six feet of an infected individual for at least 15 minutes), or who had direct physical contact with the person, or who were coughed or sneezed on by the infected person, must self-quarantine for 14 days following exposure based on CDC guidance.*** Individuals may return to play afterward if they have not had any COVID-19 symptoms.

Other Items of Note:

All Sports

In general, the no touch rule is in effect. All students and coaches should avoid physical contact with others including high fives, huddles, or other close contact occurring before, during, and after the events. This would include pre-game handshake or fist bumps, post-game handshake or high-five lines and exchange of gifts or physical contact between cheerleading squads pre or post-game.

OHSAA requires schools to limit the number of players dressing for contests. The limits are 60 in football, 22 in soccer and 15 in volleyball.

Participating athletes at a cross country race are limited to a total of 150 (or less if possible) per race.

Volleyball

Teams will not switch benches and courts between sets. If there is a clear and distinct disadvantage, teams may switch sides, observing all social distancing protocols. Sanitizing chairs in between a switch is recommended if a switch is deemed necessary.

Due to seating limitations in some OHC gyms, all seating will be made available in the gym when possible (meaning bleachers on both sides of the gym will be utilized) and middle school games will be played in HS gyms when possible and necessary.

Football

Halftime for Varsity Football games will be 15 minutes in length.

Visiting school marching bands will not travel to away football games.

Only essential team personnel are permitted on the sideline.

Cheerleading

Cheerleaders would continue to travel to away games at both the high school and middle school level.

The annual OHC Cheer Competition will not take place during the fall of 2020. This competition will be rescheduled for the winter or spring if possible.

Golf, Tennis and Cross Country

Mask/facial covering and social distance requirements for spectators apply for these sports as well. The OHC plans to hold all end-of-season conference tournaments as previously scheduled.

Communication

Member schools will communicate suspected and confirmed COVID-19 issues involving athletes, both prior to a contest and in the days immediately following a contest, with the other member schools involved in that contest.

Impact of the County Designation of a Participating School

Ohio Public Health Advisory System: *The Public Health Advisory Alert System is a color-coded system designed to supplement existing statewide orders through a data-driven framework to assess the degree of the virus' spread and to engage and empower individuals, businesses, communities, local governments, and others in their response and actions.*

Level 1: Yellow = Active exposure and spread.

Level 2: Orange = Increased exposure and spread. Exercise high degree of caution.

Level 3: Red = Very high exposure and spread. Limit activities as much as possible

Level 4: Purple = Severe exposure and spread. Only leave home for supplies and services.

- **Red Status:** If either member school participating in a contest is from a county identified as Level 3/Red (meaning their school building is in that county), then the contest MAY still take place. Participating schools should discuss relocating the contest if one participant's county is at a level 1 or 2. Also, host school may consider more screening actions for participants/spectators as well as increased limitations on seating capacity.
- **Purple Status:** If either member school participating in a contest is from a county identified as Level 4/Purple, then the contest is cancelled. This rule applies to teams traveling to or from the county identified as Purple status. Every effort should be made to postpone and reschedule this contest.

*No game cancelled or postponed and unable to be rescheduled due to any COVID-19-related issue will be considered a forfeit. It will be a non-contest.